

BEST PRACTICE-1

TITLE OF THE PRACTICE- STUDENTS BLOG

OBJECTIVES:

- To exhibit the student achievements in teacher education profession.
- To help student teachers to showcase their talents.
- To enable them to have a platform to highlight their personal and professional growth.
- To make use of the various opportunities available to them.
- To boost their self-esteem by identifying their strengths.

THE CONTEXT:

Student teachers in teacher education programs participate in various activities, cultural, curricular, extracurricular sports, NSS, YRC, RRC, Eco club and department programmes amidst academic activities. A systematic compilation of their accomplishments will help the student teachers to evaluate course work, quality learning progress and academic achievements. Therefore this practice of creating a blog and posting the performance and achievements will enhance their strengths and lead to self development of student teachers.

THE PRACTICE:

At the commencement of the academic year, student teachers were given orientation on how to create a blog using www.wordpress.com free version and post their achievements. They are asked to update their profile based on their involvement in various activities. They were asked to highlight their achievements by posting certificates and pictures related to competitions held at various levels.

ACTIVITIES INVOLVED IN THE PRACTICE:

- Creation of blog using www.wordpress.com by each student teacher.
- Posting of certificates and pictures by student teachers.
- Updating their blog posts time to time and whenever required.
- Compiling the blog posts and creating a student e-portfolio record.

EVIDENCE OF SUCCESS:

Each student teacher submitted the portfolio record which is valued as a treasure house of achievements and in turn is a unique innovative approach by the Institution. Self- assessment skills in students increased, they could focus on the criteria of good performance. Teacher educators were able to identify the interests, talents of the students and encourage them to develop it further.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

- Few students faced network issues.
- The steps in creation of blog was different in different operating system.
- Computer with NET facility is the resource required for students.

BEST PRACTICE-2

TITLE OF THE PRACTICE

EFFECTIVE DISPOSAL OF SANITARY NAPKIN

OBJECTIVES OF THE PRACTICE:

1. To help self-disposal of sanitary napkins by the student teachers.
2. To enable Student Teachers follow eco-friendly disposal of Sanitary Napkins.
3. To orient students on the need for safe disposal of sanitary napkins.
4. To help the students identify the hygienic practice of disposal.

THE CONTEXT:

It is a general routine for girls to pass through menstruation cycle and they find it difficult to dispose it properly and they are put up in an embracing situation. Sanitary napkins are often disposed of in dustbins, thereby this leads to various contagious diseases. They also block the sewage system when disposed in toilets. The College is exclusively for Women Trainees and Staff, hence the need of providing a Sanitary Napkin Incinerator in the College for safe disposal of sanitary napkins was found essential.

THE PRACTICE:

In girls washroom an incinerator for safe and hygienic disposal of napkin was installed. The machine is checked regularly for technical issues. The trainees were also given an orientation on hygienic eco-friendly disposal of Sanitary Napkins in the College. This helped them to be aware of safer practices for good health.

EVIDENCE OF SUCCESS:

The incinerator installed in the year 2017 is used by the trainees. The students are comfortable to use them and feel out of stress as it involves self-disposal. The installation of this incinerator was also a relief to sanitary workers in institution from the routine task of collecting used napkins and disposing them. Implementation of modern techniques like incinerator has helped in reducing the waste.

PROBLEMS ENCOUNTERED & RESOURCES REQUIRED:

- I) Maintenance and Technical issues of the incinerator had to be addressed now and then.
- II) Few trainees were reluctant to use the machine.